



Dissemination and Exploitation Plan (Final Report)

Output 7.11



About the project

Educational institutions from Norway, Denmark, Poland, Spain, and Portugal have collaborated in the Erasmus+ KAIII project [Co-created Education through Social Inclusion](#) (COSI.ed) 2020-2024. The main goals have been two-fold 1) to upscale a comprehensive European model for social inclusion of young people at risk and 2) a policy recommendation on social inclusion of children and youth. The partners have built on the proven good practice of the Erasmus+ project KAII [Marginalisation and Co-created Education](#)¹ and tested out the MaCE- model of social inclusion in five countries and six different contexts. Throughout the project all the partners have collaborated and co-created regionally as well as internationally upscaling the regional experiences to a sustainable European COSI.ed model and policy recommendations.

All the work in the project is based on the understanding and belief that professionals and young people co-create as part of a community of practice². Here experts (professionals like teachers, other school-professionals, and researchers) and beginners (young people) work side by side, learning together and jointly developing knowledge and competence. This co-creating process entails giving voice to vulnerable young people to understand their life- and educational story and through this process identify aspects of the young disadvantaged persons' situation that may hinder or support further learning. Through the project the young people learn about themselves and how to excel, while the professionals develop skills and understanding to socially include young people. The hypothesis is that co-created education and training in which disadvantaged young people, professionals, stakeholders, and

¹ The Erasmus+ project; Marginalisation and Co-created Education (MaCE)

² [Bunting.et.al \(2021\)](#)

policymakers take part, will contribute to the educational and social inclusion of groups that have traditionally been marginalised.

What you are about to read, is one of the deliveries in the project. If you need a quick more practical overview of the project, take a look at this [video](#).

Porsgrunn 17th of June 2024



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Project information

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Coordinating partner	University of South-Eastern Norway

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P1	University of South-Eastern Norway (USN)	Norway
P2	Vestfold and Telemark Fylkeskommune (TVFK)	Norway
P3	VIA University College (VIA)	Denmark
P4	FGU NORDVEST (FGU)	Denmark
P5	University of Warsaw (UW)	Poland
P6	Warsaw Centre for Socio-Educational Innovation and Training (WCIES)	Poland
P7	University of Porto- Centre for Research and Intervention in Education (CIIE)	Portugal
P8	AE20-Associação para a Educação de Segunda Oportunidade (AE20)	Portugal
P9	University of the Balearic Islands (UIB)	Spain
P10	EAPN-European Anti-Poverty Network Illes Balears (EAPN-Naüm)	Spain
P11	Sociedad Cooperativa de Iniciativa Social y Formación-JOVENT (JOVENT)	Spain

Adaptations of the publication by partners of the COSI.ed project do not require authors' approval.

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Palma, June 2024

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Abstract (for dissemination)	This report contains the main actions carried out by the consortium that is part of the COSI. ed project as well as the impact of these actions at regional, national and European level. It also explains the changes made to the initial dissemination plan. The activities performed go beyond simple communication and dissemination, as the aim is to transfer the results, and the good practices generated to other geographical and educational contexts. From now on, we will start this transfer process in an intensive way.

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Introduction

Dissemination is a planned process of providing information on the results of program and initiatives to key actors and involves the spreading of the information about the project successes and outcomes as far as possible. Dissemination activities are processes that take place in parallel with the project as all project outputs will be brought into practice and will be tested and piloted. Making the public aware of the project will impact on other organisations in the future and will contribute to bringing awareness to the organisations carrying out the project (and their networks).

Awareness-raising implies sensitizing policymakers, practitioners, organizations about the importance of project's results. It goes beyond dissemination, as it entails an actual involvement of the target groups in the debate, and a lasting effect on their understanding.

This report contains the main actions carried out by the consortium that is part of the COSI.ed project as well as the impact of these actions at regional, national and European level. It also explains the changes made to the initial dissemination plan. The activities performed go beyond simple communication and dissemination, as the aim is to transfer the results and the good practices generated to other geographical and educational contexts. From now on, we will start the transferring process in an intensive way.

COSI.ed dissemination strategies

This section describes the main strategies followed to maximise the dissemination and transfer of the results achieved throughout the development of the project. Specifically, the characteristics of the Dissemination and Exploitation of Results Plan, the objectives pursued in terms of dissemination and the target groups to which these actions are addressed are detailed. Finally, the obligations and responsibilities of each of the partners in relation to the dissemination and transfer of results are specified.

1. Dissemination and Exploitation Plan (DEP)

The COSI.ed Dissemination and Exploitation Plan (DEP) considered the latest tools, resources and communication channels resulting in cost effectiveness and maximum impact.

A wide variety of dissemination activities took place particularly in the early phases of the project to raise awareness of the existence of the project, its objectives, partners and intended impacts. In a second phase, activities and outputs generated had been addressed to the knowledge transfer to communicate the results of the project and COSI.ed European model to other contexts and to provide effective tools, guidelines and scientific evidence for its future application in other context and realities promoting the present and future implication of policymakers.

To this end, efforts have been focused on the development of the following actions for the dissemination of the project results and outputs generated in the project:

- Constant dissemination of the activities and results through the website and social networks of the project and of each of the partners
- Participation in regional, national and international work and research networks
- Participation in national and international conferences and seminars
- Training in the COSI.ed methodology and model addressed to university students, academics and professionals from educational and social institutions.
- National and international meetings with key stakeholders in the educational and social inclusion fields as well as with policy makers and decision makers.

After the development of the project, dissemination activities will continue to guarantee the sustainability of the project. Meetings with stakeholders and between the partners must be held to develop future cooperation actions, to maintain the contact with policymakers and to ensure their implication in the development of inclusive policies for youth.

2. Objectives

COSI.ed dissemination activities pursued the following objectives:

- To raise awareness about the situation of disadvantaged learners in transition and at risk of not completing their educational pathway.
- To raise awareness about the need to apply new intervention methodologies (Co-creation, Indirect approach and Equality Literacy) for the improvement of teaching and learning

processes and the decrease of social and educational disadvantages considering youth voices.

- To provide scientific evidence on the quality, relevance and effectiveness of the impact of upscaling the COSI.ed Model in different countries, contexts and realities.
- To engage stakeholders and target groups within their active participation in all the development phases of the project co-creating new knowledge and practices.
- To extend the impact of COSI.ed project by involving other stakeholders, practitioners, researchers and policymakers at a local, regional, national and European level to enhance the sustainability of the project and the transfer of the project results to other contexts and realities.
- To develop new partnerships and networks to share the results of the project, to co-create new knowledge to establish future cooperation.

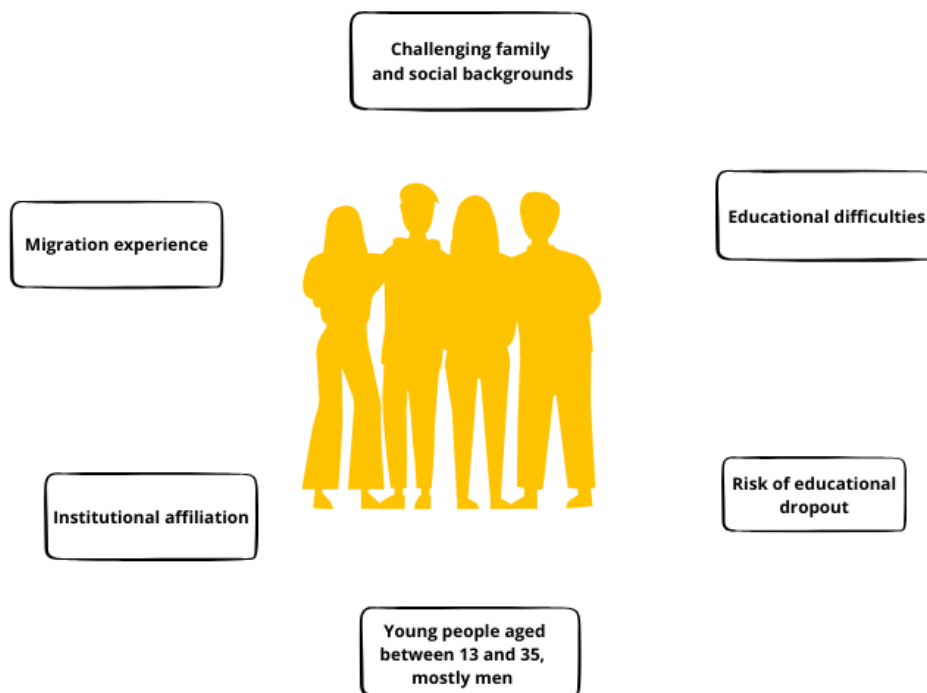
3. Target groups

There were both direct and indirect target groups for the project. The immediate target groups in COSI.ed will be disadvantaged learners in transition, who are at risk of not completing their educational pathway and educational staff working with the disadvantaged learners being the role models.

For the disadvantaged students each participant country will have different age groups in different contexts, educational pathways seated in different regions. This will ensure that the model will engage with several forms of diversity. Further on we present the national immediate target groups.

In the context of the COSI.ed project, the direct target group has been carefully defined to encompass a broad spectrum of diversity across various institutional settings. Each participating country has chosen distinct groups, allowing the project to engage with different forms of diversity and tailor its approach to meet the specific needs of these groups.

Graph 1. COSI.ed target group - Young People - 1st & 2nd cycle.



Age range and gender

The target group is predominantly male, likely reflecting the specific demographics and needs of the young people involved. Young people aged between 13 and 35.

Family and social backgrounds

Many of these individuals come from complex and often challenging family and social environments, which can significantly impact their educational and personal development.

Migration experience

A notable segment of the target group includes young people with migration backgrounds. These individuals may face unique challenges related to integration, language barriers, and cultural adaptation.

Educational difficulties

Individuals facing challenges in their educational journeys, which may include academic struggles, learning disabilities, or previous educational disengagement.

Risk of educational dropout

The project focuses on youth who are at risk of dropping out of the education system. This includes those who have already disengaged but have subsequently re-engaged in education or training through the project’s interventions.

Institutional affiliation

Youth who are part of the institutions selected for the COSI.ed project. These institutions play a crucial role in supporting and engaging young people facing difficulties. This inclusive and diverse characterization ensures that the COSI.ed project can address a wide range of needs and provide tailored support to young people who face significant barriers to educational and social success.

According to the application, the target group in each country is about 10-30 young, disadvantaged learners. This amounts to at least about 130 young people in the immediate target groups within the whole project (2 cycles). Finally, **a group of 182 young people has been reached.**

Table 1. General description of the research sample 1st and 2nd cycle.

	COUNTRY					TOTAL
	NORWAY	DENMARK	POLAND	PORTUGAL	SPAIN	
sample size	37	40	33	36	36	182
age span	16-32	15-25	13-16	15-18+	15-29	13-32
average age	16,7	18,5	15	N/A	20,6	17,1 in NOR, DK, PL, ES

	COUNTRY					TOTAL
	NORWAY	DENMARK	POLAND	PORTUGAL	SPAIN	
male/ female/ nonbinary	34/3/0	21/19/0	28/5/0	24/11/1	35/1/0	142/39/1
years of schooling completed - average	10,25	10	6,4	6,4	9,8	8,6
ESL/ELET or dropout from compulsory education YES/NO	N/A	10/30	0/33	36/0	17/19	N/A 63/82 in DK, PL, PT, ES

The role model is someone the young people look up to and learn from, either professional teachers or students. Someone whose story can inspire young people in need of guidance. A good role model motivates students to pursue their inner potentials, inspires them. Within this project the role model figure is a trained and well-prepared adult, who experienced the MaCE model and is well-equipped to use it with the young people in his/her local context after the training. The role models differ from country to country and are suited for the target group they work with. Their task is to follow up and work with the target groups to uncover beneficiaries' deficits, needs and potential for development.

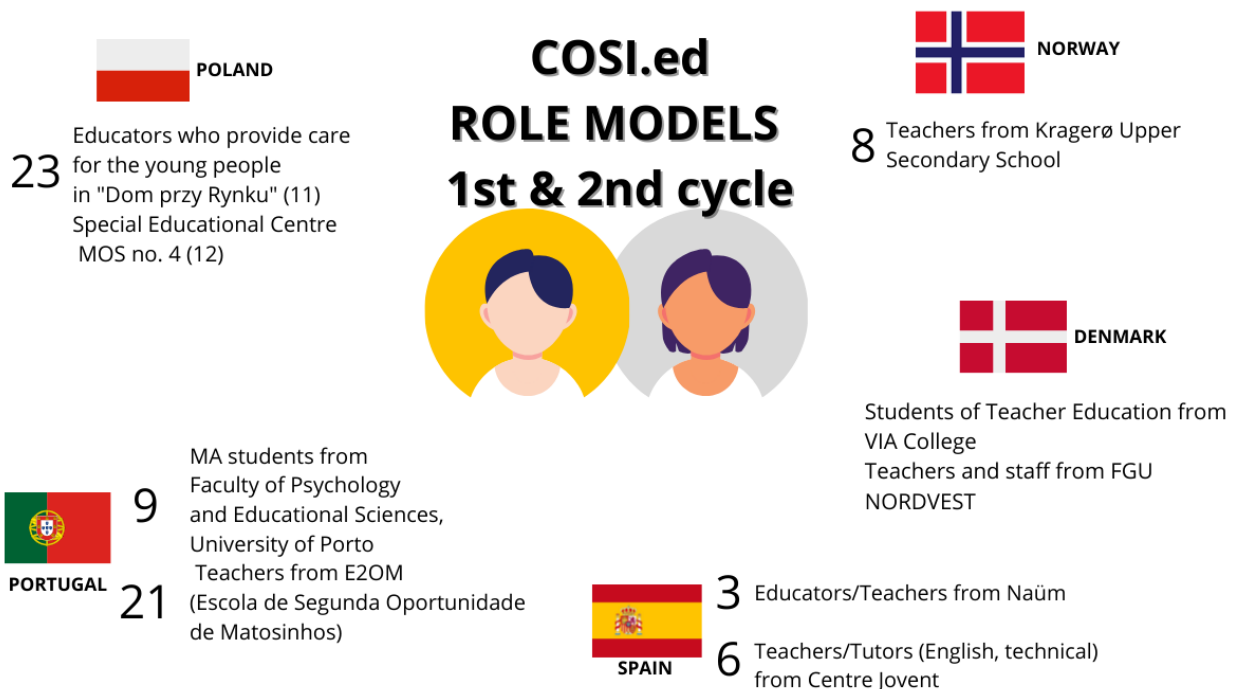
As intended, the selection of role models for project work was dependent on the context of the partner country. In 2 countries (Denmark and Portugal) university/college students of education were involved to work with young people as role models. In 4 countries where the COSI.ed project was implemented in schools, teachers were engaged. Additionally, in some implementing institutions there were two different groups of adults from which the role models came (e.g teachers and university students). In Poland, educators mentioned are mostly people with a pedagogical degree in re-socialisation pedagogy or with pedagogical preparation and courses for postgraduate studies in re-socialisation pedagogy, social prevention, care and social education.

The selection of role models for the COSI.ed project was intentionally tailored to fit the unique contexts and needs of each implementing institution involved in the project. This approach ensured

that the role models were not only relatable to the young people they were working with but also possessed the relevant skills and backgrounds to effectively support and inspire them.

By selecting role models that fit the specific educational and social contexts of each country, the COSI.ed project maximized its relevance and effectiveness. Whether through university students in Denmark and Portugal, teachers in various schools, or specialized educators in Poland, the tailored approach ensured that young people received the most appropriate and impactful guidance and support. This strategic selection process was instrumental in fostering positive educational outcomes and promoting the overall success of the project across diverse settings. With the development of this project, **a total of 70 role models have been reached.**

Graph 2. COSI.ed Role Models - 1st & 2nd cycle.



The impact report of the project implementation can be consulted at the following link: [WP4. UW](#)

[Output 4.3. Regional COSI.ed models impact report](#)

With the aim of reaching as many people as possible, the dissemination activities will be aimed at both the project's primary and secondary target groups and another target audience such as: Academic staff and students at the partner institutions not involved directly in the project

- Academic staff, students and students' support services at different educational institutions
- Teachers, youth workers, social workers, researchers, learning providers, careers guidance and other professionals working with young people.
- Regional, National and European policy makers
- Press and media
- Society

This has been achieved through training courses (addressed to educators, trainers, political and administration staff or students), the celebration of the intermediate and final seminar of the project, participation in national and international seminars and conferences, and meetings held in each of the regions with policymakers and key stakeholders. These actions will be explained throughout this document.

Once the project is finished, a new stage begins, which is undoubtedly one of the most important in the transfer of the results. In this new stage we intend to reinforce the meetings with politicians and representatives with decision-making power in actions and policies related to education, training and social inclusion in each of the countries involved in this project. In addition, the presence in international conferences will be reinforced and scientific documents (articles and book chapters) will be generated for the dissemination of the results in the academic and scientific field. Proof of this is the presence at the ECER 2024 International Congress or the publication of a scientific article on the functioning of the Collaborative Competence Groups "Running Collaborative Competence Groups-Exploring Experiences from Five Countries", now under revision.

4. Partner's dissemination responsibilities

Although the dissemination strategy has been led by the University of the Balearic Islands and constitutes work package 7 of this project, all partners have actively participated in the development of dissemination and transfer activities, assuming the following responsibilities:

- To track of all their dissemination, publication and exploitation activities during project implementation reporting the following information for every dissemination activity carried out: type of activity; target audience reached and the cost of the activity.
- To promote all the dissemination activities through their own institutions, networks, contacts, sites and social media and participating in conferences, seminars and congresses to spread the results of the project.
- Publishing and promoting information about COSI.ed project on their own website to acknowledge about project objectives, target groups and results. In this way, the networks and stakeholders of all project partners will be informed about the project ongoing results. In turn, it must contain the links to the project website and Erasmus+ Projects Results web page.
- Ensuring the visibility of the European Union and of the Erasmus+ Programme using the European emblem (the 'EU flag') and the name of the European Union spelled out in full in all communication and promotional material
- Using the Erasmus+ Project Results Platform for the dissemination of good practices and to ensure the availability of the deliverables and outputs generated in the project.

COSI.ed dissemination activities and outputs

1. Elaboration and development of the Dissemination and Exploitation Plan

The dissemination plan of the project (Output 7.1) was carried out during the month of January 2022. This plan contained the institutional image of the project as well as the main activities and responsibilities of the consortium in relation to the dissemination of the project activities and results. The plan can be consulted in the following link: [WP7. UIB Output 7.1. Dissemination Plan](#) as well as in the project website in the Documents section <https://cosied.eu/documents>

2. Project Logo

The project logo (Output 7.2) was designed by an external company, approved by all partners and finalised in August 2021. The logo appears on all generated documents together with the European Commission emblem and following the dissemination norms of Erasmus+ projects.



All formats of the project logo can be found at the following link: [WP7. UIB. Output 7.2 Logo](#)

3. Project leaflet

The leaflet (Output 7.3) contains a general description of the project, objectives, partner information and contact information. At the beginning of the project development and due to the measures established by the COVID-19 pandemic, the decision was taken not to print this brochure on paper but to produce it digitally. At the same time, all partners make known the objectives of the project as well as the most relevant information about it, contact and website when they make an external presentation, in compliance with the European Commission's publicity regulations.



About the Project

The young people learn about themselves how to excel, the educational staff develop skills and understanding to socially include the young people. The initial hypothesis is that co-created education and training in which disadvantaged learners take part, educational staff, stakeholders and policymakers will contribute to educational and social inclusion of those groups who are usually marginalized.

The expectation is that the upscaling of the COSI.ed model to policy level will empower groups of disadvantaged young people all over Europe, radically increasing their educational success and completion rate and give European educational staff the knowledge and skills to social include vulnerable young people of all ages.

Project Objectives

- Upscale model.** To upscale COSI.ed model to regional institutions in 5 new countries (Norway, Denmark, Portugal, Poland and Spain) by the end of the project period.
- Reduce Early Leaving.** To significantly reduce Early Leaving from Education and Training at different levels of the education system in the test arenas.
- Increase education stay.** To increase the percentage of students to completion in education when compared to groups in the same education pathways WITHOUT the COSI.ed methodology (based on the national, regional or local statistics).
- Improve collaboration.** To develop collaborative methods of co-researching and co-creating with youth, educational staff, researchers, stakeholders and policymakers.
- Development more inclusive education.** Contribute to the development of a more inclusive and egalitarian educational model adapted to the needs and society of today.
- Redesign model for wide applicability.** Redesign the current model to be replicable in the different social and geographical contexts of Europe, in different disciplinary areas and in different types of institutions by providing effective tools, guidelines and scientific evidence.
- Model inclusion in education policies.** Work with and towards policymakers at different levels to implement the methodology at the systemic level in order to include the model in future inclusive education policies.

Meet the Consortium

Eleven partners from five European countries (Norway, Denmark, Poland, Portugal, and Spain) are involved in the project:

- University of South-Eastern Norway (USN) | Norway
- Vestfold and Telemark Fylkeskommune (TVFK) | Norway
- VIA University College (VIA) Denmark
- FGU NORDVEST (FGU) | Denmark
- University of Warsaw (UW) | Poland
- Warsaw Centre for Socio-Educational Intervention and Training (WCSEI) | Poland
- University of Porto-Centre for Research and Intervention in Education (CIEI) | Portugal
- Associação para a Educação de Segunda Oportunidade (AE2O) | Portugal
- University of the Balearic Islands (UIB) | Spain
- European Anti-Poverty Network (EAPN) | Spain
- [EAPN-naam] | Spain
- Sociedad Cooperativa de Iniciativa Social y Formación (JOVENT) | Spain

You can follow all the information about the project at <https://cosied.eu/>

COSI.ed official website in the European Union

COSI.ed

Co-funded by the Erasmus+ Programme of the European Union

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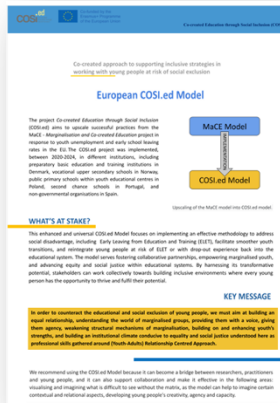
Logos of partner institutions: EN, UWS, UG, FGU, CIEI, JOVENT, etc.

Links to the document:

[WP7 UIB Output 7.3. Leaflet](#)

<https://cosied.eu/documents>

It is necessary to highlight that documents in flyer or leaflet format have been produced in other work packages for the dissemination of the main results of the project and were used in the final seminar of the project held in May 2024 in Brussels. Some examples of this are:



Leaflet created by the team of the University of Warsaw for the dissemination of the European COSI.ed Model (WP4)

Link to the document:

[WP4. UW Output 4.5b Printable version of the European model short.pdf](#)

<https://cosied.eu/documents>



Leaflet created by the team of the University of Porto for the promotion and inclusion of the COSI.ed model in education and youth policies.

Link to the document:

[WP5 UP Output 5.3 Leaflet Promoting the Use of COSI.ed Model in Inclusive Education and Youth Policies.pdf](#)

<https://cosied.eu/documents>

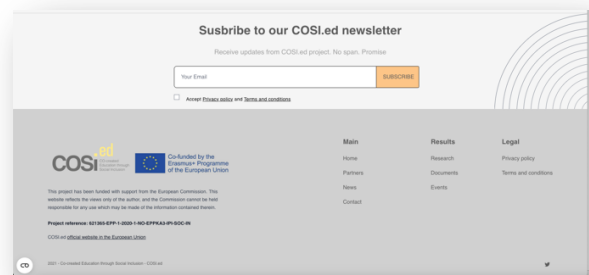
Finally, summaries of the different reports have been created so that they can be disseminated to different audiences and target groups. These short versions are available at <https://cosied.eu/documents>

4. Consortium Project web presence

a. COSI.ed website

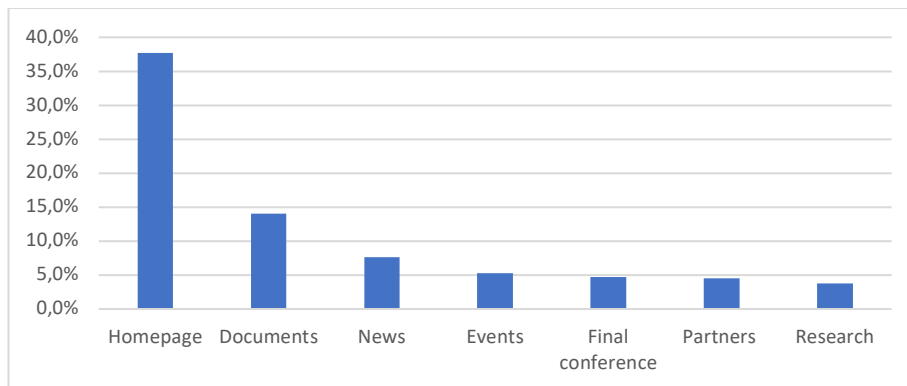
The COSI.ed website (Output 7.6) contains the description and objectives of the project, information on the 11 entities that make up the consortium, the main novelties and actions developed, as well as the main outputs, deliverables and research results.

The creation of this website was outsourced and became fully operational in December 2021. Since then, it has been constantly updated. The website complies with the European Commission's publicity and dissemination rules with information on project funding as well as a link to the Erasmus+ Platform results.



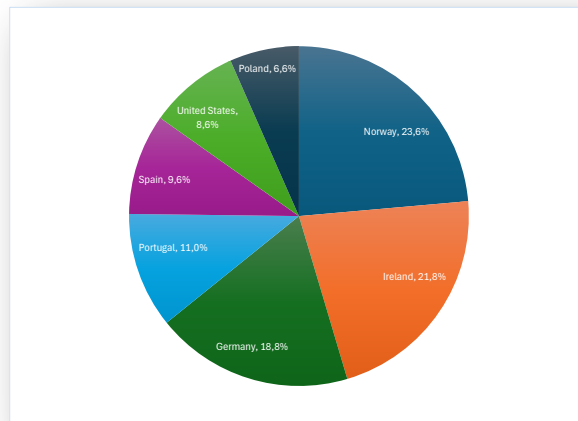
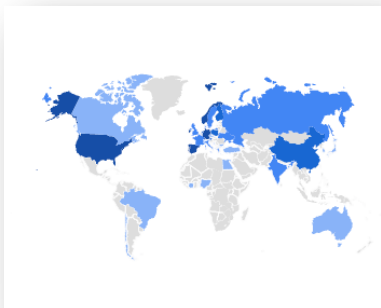
The project website has received a total of 3.862 visits and the number of users is about 1.800 people. The most visited pages are the Homepage (37,7%), Documents (14,1%), News (7,6%) and Events (5,3%). The average duration of a session is 1 minute and 6 seconds. It should be noted that the number of visits has increased since March 2024, when the project's Final Seminar held in Brussels on 15 May 2024 began to be promoted through social networks and has continued to increase since the Seminar was held.

Graph 3. Website Pageviews



Visitors come from more than 20 countries, the most represented being Norway, Ireland, Germany, Portugal and Spain, as shown in the graphs below:

Graphs 4 & 5. Website visitors by nationality



Link to COSI.ed website: <https://cosied.eu/>

b. Social media

In September 2021, a twitter of the project was generated, in which the main events carried out by each of the partners as well as the most important news are disseminated. This account was migrated later to X.

[@cosi_ed](https://twitter.com/cosi_ed) ([@cosi_ed](https://twitter.com/cosi_ed))

[Link to X: https://x.com/cosi_ed](https://x.com/cosi_ed)

In addition, different events and activities carried out within the framework of the project both through the institutional websites and partner's social networks: Facebook, X (Twitter), Instagram and LinkedIn. An example of this is the dissemination that has been done for the Final Seminar of COSI.ed project in Brussels 'Co-creating with Youth for Social Inclusion' 15th of May 2024 in Brussels as well as on the website and the X account of the project in the different social networks of the partners:

[CIIE- University of Porto Instagram](#)

https://www.instagram.com/p/C7RJqhiqUdy/?utm_source=ig_web_copy_link&igsh=MzRIODBiNWFIZA==

https://www.instagram.com/p/C7eVt3JCpbV/?utm_source=ig_web_copy_link

[Faculty of Education University of Warsaw Facebook](#)

<https://www.facebook.com/photo/?fbid=919884516808645&set=a.391185726345196>

<https://www.facebook.com/photo/?fbid=963394225791007&set=a.391185726345196>

<https://www.facebook.com/photo/?fbid=859937676177220&set=a.440304604807198>

[University of South-Eastern Norway and YERUN - Young European Research Universities](#)

https://www.linkedin.com/posts/yerun-network_cosied-socialinclusion-cocreation-activity-7188494570228244482-5s-t?utm_source=share&utm_medium=member_desktop

https://www.linkedin.com/posts/yerun-network_cosied-socialinclusion-cocreation-activity-7188494570228244482-5s-t?utm_source=share&utm_medium=member_desktop

https://www.linkedin.com/posts/mette-bunting-750480184_cosied-socialinclusion-cocreation-activity-7190708732387848193-PFIS?utm_source=share&utm_medium=member_desktop

https://www.linkedin.com/posts/mette-bunting-750480184_cosied-socialinclusion-cocreation-activity-7188877464528424961-rdtZ?utm_source=share&utm_medium=member_desktop

c. Partners' institutional webs and social media

One of the main responsibilities of each of project partners is to promote all the dissemination activities through their own institutions, networks, contacts, sites and social media to spread the objectives and results of the project.

The project's online presence has been strategically leveraged through the official project website and partner institutional websites and social networks. By consistently updating news related to attended events and conferences, the project has effectively disseminated its objectives and outcomes to a wider audience. This digital dissemination strategy has not only enhanced visibility but has also facilitated knowledge sharing and collaboration within the project network. Moving forward, a continued focus on maintaining and expanding this online presence has been pivotal in ensuring sustained engagement and impact within the project community and beyond. In the following table, the links to the institutional websites of each of the partners are detailed, where basic information about the COSI.ed project is provided, explaining the project number and the European Commission funding, as well as the link to the official project website.

Table 2. Presence of COSI.ed in partner's institutional webs

Faculty of Humanities, Sports and Educational Science-University of South-Eastern (USN-Norway)	https://www.usn.no/for-partners/international-educational-projects/#Erasmus%20KA3%20Policy%20reform
University of South-Eastern –main webpage (Norway)	https://www.usn.no/english/news/call-to-action-from-researchers-about-exclusion-among-children-and-young-people https://www.usn.no/nyhetsarkiv/usn-har-fatt-to-store-tildelinger-i-eus-erasmus-program https://www.usn.no/english/research/strategic-research-areas/upbringing-belonging-and-life-skills/
Via University College (Denmark)	https://en.via.dk/research/pedagogy-and-bildung/everyday-life-studies-and-extended-education https://www.ucviden.dk/en/organisations/program-for-hverdagsliv-og-fritidsp%C3%A6dagogik/persons/ https://en.via.dk/global-partnerships/erasmusplus-projects
FGU Nordvest (Denmark):	https://fgunordvest.dk/om-fgu-nordvest/projekter/
Faculty of Education-University of Warsaw (Poland)	https://www.pedagog.uw.edu.pl/2021/12/08/projekt-edukacja-wspoltworzona-poprzez-wlaczanie-spooleczne-cosi-ed/

Warsaw Centre for Socio-Educational Innovation and Training (WCIES) (Poland)	https://um.warszawa.pl/waw/wcies/-/o-projekcie-cosi
Faculty of Psychology and Education Science and CIIE-University of Porto (Portugal)	https://sigarra.up.pt/fpceup/en/PROJECTOS_GERAL.FICHA_PROJECTO?P_ID=76888 https://www.fpce.up.pt/ciie/?q=content/cosied
AE20- -Associação para a Educação de Segunda Oportunidade (Portugal)	https://www.segundaoportunidade.com/c%C3%B3pia-mednc
University of the Balearic Islands (Spain)	https://eic.uib.cat/en/p/4/proyectos-y-contratos https://lrifp.uib.eu/projects/
Jovent (Spain)	https://jovent.es/en/home/

In addition to the dissemination of the general description of the project on the institutional websites, publicity has been generated for the different events and activities carried out within the framework of the project both through the institutional websites and partner's social networks: Facebook, X (Twitter), Instagram and LinkedIn.

5. Participation in local, national and European seminars and conferences

One of the forms used for the dissemination of both the objectives of the project and the results generated during its implementation is the participation in conferences and seminars (local, regional, national and international). Throughout the duration of the project, the following events have been attended and uploaded in the web of the project (<https://cosied.eu/news>) and in partner's institutional websites and social networks.

Conferences, lectures and communication have been presented at 21 national and international congresses, **reaching a specialised audience of approximately 2,405 people.**

Conference of VIA University College Conference at Vision and inspiration day on youth communities and practice professionalism Seminar (January 30, 2022).

On 30 January 2022, VIA University College participated in the event Vision and Inspiration Day on youth communities and practice professionalism. The audience was 90 people from schools in Midt og Vestjylland.

IV Conference on Research and Educational Innovation- Evidence-based education: Bridging the gap between research and educational practice (March 11-12, 2022)

The University of the Balearic Islands (UIB) participated in this regional meeting in a round table



explaining the objectives of the project. About 50 people attended, the target audience was teachers from all levels of education, trainers, researchers and students from the Faculty of Education.

You can find more information about the event in the following link: <https://irie.uib.cat/en/noticies-destacades/1209-iv-jornades-de-recerca-i-innovacio-educativa.html>

Link to the new: <https://cosied.eu/news/COSIed-presentation/>

Conference of good practices in Guidance and Intermediation (Balearic Islands, March 25, 2022)

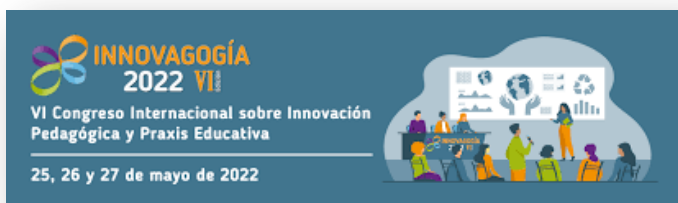
On 25th March 2022 the Sociedad Cooperativa de Iniciativa Social y Formación Jovent (Jovent) participated in the Conference of good practices in Guidance and Intermediation organised by the Employment Service of the Balearic Islands (Government of the Balearic Islands). In this conference, the third sector entities debated on innovation, methodological adaptations and business prospecting applied to the labour insertion of vulnerable groups. Jovent took advantage of the meeting to present the COSI.ed project as well as the first results of its implementation in its training centre. The event was aimed at colleagues from the Department and was attended by more than 300 people and was aimed at counsellors and trainers from centres whose users are people at risk of social vulnerability.



[Link to the new:](https://cosied.eu/news/Jovent-seminar-SOIB/) <https://cosied.eu/news/Jovent-seminar-SOIB/>

[VI Congreso Internacional sobre Innovación Pedagógica y Praxis Educativa \(Online, May 25-27, 2022\)](#)

The VI International Congress on Pedagogical Innovation and Educational Praxis was held from 25



to 27 May 2022 (virtual congress). In this sixth edition, the congress once again broke participation records. A total of 1,306 people from sixteen different countries took part.

The University of the Balearic Islands (UIB) presented the paper "Co-creation as a methodology for socio-educational intervention in occupational training centres", in which the bases for the implementation of the COSI.ed methodology at regional level were presented.

The chapter of the resulting book can be consulted at the following link (in Spanish):

<https://bit.ly/3Vo2dZC>

[Link to the new:](#)

<https://cosied.eu/news/UIB-communication-Innovagogia-2022/>

Workshop and training regarding the COSI.ed model, Equality Literacy Framework (Norway, June 16, 2022)

On 16 June 2022 a workshop was held At the University of South-Eastern Norway (USN) in which the theoretical framework of the project was explained, and attendees were trained in its application. The event was aimed at colleagues from the Department of Educational Science (Faculty of Humanities, Sports and Educational Science) and was attended by a total of 30 people.



[Link to the new:](#)

<https://cosied.eu/news/USN-MEETING-Colleagues/>

USN as Keynote Speaker at The Drop-out Conference (Norway, 31 January 2022)

Professor Mette Bunting, USN, presented the COSI.ed project at "The Drop-out Conference" as a keynote speaker. The conference was aimed at national stakeholders and policy makers with activities and policies aimed at reducing drop-out.

[More information about the event:](#)

<https://www.konferanseplassen.no/arrangementer/dropoutkonferansen-2022>

[Link to the new: https://cosied.eu/news/Mette-Bunting-COSled-presentation/](https://cosied.eu/news/Mette-Bunting-COSled-presentation/)

The Arendal's week (Norway, August 2022)

"The Arendal's Week" is an annual event held in the city of Arendal, Norway. This week-long event features a series of activities, conferences, seminars, and special events that address a wide range of relevant topics for the local community and beyond. The Arendal's Week serves as a platform for collaboration, idea exchange, debates, reflections on current issues affecting society, education, politics, business, environment, and other fields. Participating in the Arendal's Week can involve attending conferences, networking sessions, public debates, expert presentations, and cultural activities. It presents an opportunity not only to learn about various subjects but also to engage with professionals, opinion leaders, and other stakeholders interested in key issues in an environment conducive to dialogue and collaboration. Professor Mette Bunting from USN participate in this event explaining main objectives and actions of COSI.ed project.



and

[Links to the event \(in Norwegian\):](#)

[Brenna advarer mot å gjøre nettundervisning til en lettvinnt løsning \(utdanningsnytt.no\)](#)

[Samlet om viktige temaer på Arendalsuka - Universitetet i Sørøst- Norge \(usn.no\)](#)

[USN open conference on COSI.ed project \(Norway, August 31, 2022\)](#)

On 31st August 2022, as part of building understanding of the COSI.ed model, the USN hold an open conference with Magne Raundalen as a guest-speaker.

Magne Raundalen is one of Norway's most well-known and recognized child psychologists and associated with the Center for Crisis

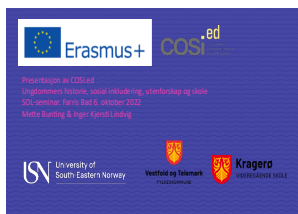


Psychology in Bergen and honoured member of the research-group; Childhood, Youth and Education, USN.

The conference was attended by a total of 82 people: students, professors and administrative staff of the USN, professors and technicians from the Norwegian organisations involved in the COSI.ed project, politicians and journalists.

Link to the new: <https://cosied.eu/news/conference-USN/>

Lecture on COSI.ed and young people's narrative, social inclusion, drop-outs, and school (Norway, October 6, 2022)



Prof. Mette Bunting and Inger Kjersti Lindvig at USN participated in a seminar held by USN and 'The Centre for growing up and coping with life (SOL). The seminar was addressed to Deans and Academic staff at Faculties and Departments at USN.

International scientific seminar entitled "Preventing educational and social exclusion of youth at-risk in different European contexts. Challenges and opportunities" (Warsaw, March 22, 2023)

The University of Warsaw as part of the consortium meeting, organised a one-day international scientific seminar titled "Preventing educational and social exclusion of youth at-risk in different European contexts: Challenges and opportunities" on 22nd March at the University of Warsaw. The seminar was funded under the university's internal grant system – Action IV.3.1. 'Excellence Initiative - Research University' programme. The event was attended by 89 individuals, including researchers and practitioners from Norway, Denmark, Poland, Portugal, and Spain. Participants also included academic teachers and students from the University of Warsaw, academic teachers from other higher education institutions in Warsaw and beyond, representatives of organisations working



with at-risk youth, and local and national authorities, such as the Ministry of Labour and Social Policy.

The seminar comprised three one and a half hour sessions and began with an opening lecture titled "Rethinking Youth-At-Risk" by Prof. Krzysztof Sawicki from the University of Białystok. It included presentations on projects and experiences related to working with at-risk youth, delivered by various experts including Prof. Mette Bunting (project coordinator, Norway), Malena Alfaro Vicens Miguel and Angel Rayo Bordoy from the NGO Jovent (Spain), Sidse Hølvig Mikkelsen (Via University College, Denmark), Klaus Nørgaard (FGU Nordvest, Denmark), Ana Cristina Torres (University of Porto), Joana Costa (ESOM School, Portugal), and Elżbieta Tolwińska-Królikowska (WCiES). The final session featured an online lecture on education policy by Prof. Amelia Veiga from the University of Porto, Portugal. The seminar concluded with a panel discussion on "How to prevent educational and social exclusion of youth?" with the participation of representatives from academia, NGOs, the Space for Education Foundation, the Youth Council of the Capital City of Warsaw, and international guests.

[Link to the new: https://cosied.eu/news/Warsaw-International-Seminar](https://cosied.eu/news/Warsaw-International-Seminar)

5th International VET Conference Crossing Boundaries (Kaunas, 25-26 May 2023)



Crossing Boundaries is an international conference organised by the most important European network of research in Vocational Education and Training (VETNET). The University of the Balearic Islands (Elena Quintana-Murci and Júlia Vilasís-Pamós) shared the results of the implementation of the project in regional entities presenting the communication and book chapter *Co-creation and indirect approach as a methodology to improve student engagement in initial and continuing VET*.

[Link to the book chapter: https://doi.org/10.5281/zenodo.7822156](https://doi.org/10.5281/zenodo.7822156)

More information about the event:

<https://twitter.com/LaboratoriFP/status/1661682109495361537?s=20/https://lrifp.uib.eu/2023/06/14/5th-crossing-boundaries-conference-in-kaunas/>

<https://lrifp.uib.cat/2023/06/14/5a-conferencia-crossing-boundaries-a-kaunas/>

<https://vetnetsite.org/conferences/2023-crossing-boundaries-kaunas/>

European Conference on Educational Research (ECER)-Symposium on Co-created Education through Social Inclusion (COSI.ed)- Challenges and strengths of upscaling inclusive practices in European contexts (Glasgow, 22-25 August 2023)

The week of 22-25 August 2023 the European Conference on Educational Research (ECER) was held in Glasgow. Within the framework of this internal conference, the COSI.ed project developed the



seminar Co-created Education through Social Inclusion (COSI.ed)- Challenges and strengths of upscaling inclusive practices in European contexts to develop European policy. The two-part symposium presented the current status of the project as well as future challenges and was attended by the five universities involved in the project. The symposium was attended by Fernando Marhuenda Fluxà (International expert

on Second Chance Education, Vocational Education and Training and Social Inclusion from the University of Valencia, Spain) as discussant who provided interesting questions and comments for the improvement and optimisation of the project results.

Link to the presented ECER 2023 abstracts:

Abstracts ECER Co-created Education through Social Inclusion (COSI.ed)- Challenges and strengths of upscaling inclusive practices in European contexts to develop European policy

Link to the new: <https://cosied.eu/news/ECER-2023>

Lecture on the COSI.ed project USN, Oslo Metropolitan University and the Research Council of Norway (Norway, January 25th, 2023)

In the framework of the collaboration between the University of Southeast Norway, Oslo Metropolitan University and the Research Council of Norway (NFR) a conference was held in which Professors Mette Bunting and Inger Kjersti Lindvig focused on reflections, experiences and good examples of needs identification, user involvement and co-creation in research. The conference was attended by 100 colleagues from the USN, Oslo Metropolitan University academics from several universities, the Research Council of Norway, research institutions working with society and the community, the Norwegian Directorate for Education and Training, the Ministry of Health and Care Services and several users' organisations.



Conference on COSI.ed project at the Faculty of Education-University of Warsaw (Warsaw, 15th November 2023)

Within the framework of the 70th anniversary of the Warsaw University Faculty of Education, the Polish team of Ewelina Zubala, Hanna Tomaszewska-Pękała and Urszula Markowska-Manista presented the COSI.ed project to about 60 people during the academic session. on Education for integration, social inclusion and mental health in international projects.



Link to the new: <https://cosied.eu/news/Warsaw-Faculty-2023>

Conference and workshop at University of South-Eastern Norway (USN) (Norway, 9th -10th April 2024)

Prof. Mette Bunting from USN developed a conference and a workshop addressed to academic of all faculties. In the framework of this conference, a workshop was held on how to work on research and innovation, co-creating with the region and young people. The examples and good practices of

COSI.ed were used, as well as part of the methodology, involving the participants. The COSI.ed model was presented, as well as the Competence Collaborative Groups (CCG) methodology and how it can be used in teaching and educational research. About 20 people participated in this experience.

[International seminar: Preventing dropout in vocational education and training \(VET\): new indicators and strategies \(Balearic Islands, 23rd April 2024\)](#)



The UIB (Elena Quintana-Murci), Jovent (Miquel Rayó and Malena Alfaro) and Naüm (Vanessa de las Heras) held the workshop Teaching Methods to Increase Students' Engagement in VET. In this event, we worked with VET teachers on strategies for the practical application of the COSI methodology in VET and was attended by 30 VET teachers from Spain and abroad, as well as guidance counsellors. As a result of this workshop, a total of 20 vocational schools showed interest in further training for the practical application of the COSI.ed methodology and as a strategy to

improve the teacher-student relations and prevent dropout in VET. For this reason, it is planned to establish a line of continuity with these centres from September 2024 (the start of the school year).

[More information about the event:](#)

<https://x.com/LaboratoriFP/status/1783126148265755056>

<https://cosied.eu/news/workshop-preventing-dropout/>

<https://irie.uib.cat/en/noticies/1641-fp.html#programa>

[National Conference “Youth at risk of leaving the education system early - challenges and recommendations” \(Warsaw, May 25, 2024\)](#)



On May 24, 2024, the Polish project team composed of WCIES and the Faculty of Education of the University of Warsaw organized a national conference titled Youth at risk of leaving the education system early - challenges and recommendations. The event was attended by principals, teachers, educators, psychologists from youth sociotherapy centers, youth educational centers, day care centers, and policymakers responsible for educational policy in Warsaw and Poland. During the conference, the Polish and European COSI.ed model was presented, strategies for working with at-risk students were discussed, and various perspectives on supporting children and

young people with challenging educational paths were explored. Project participants shared their experiences working with youth using the COSI.ed model and recommendations from the project were presented.

Professor Jack Pyżalski from Adam Mickiewicz University in Poznań delivered a lecture on "What is most important in a relationship with young people with difficult behavior?" The conference concluded with a panel discussion featuring Ms. Dorota Loboda, a Member of Parliament of the Republic of Poland. Attendees who provided their email addresses received a set of documents in Polish, including 4 PowerPoint presentations and a leaflet introducing the European COSI.ed model.

[More information about the event:](#)

<https://cosied.eu/news/Conference-Varsaw>

<https://www.facebook.com/photo?fbid=965372102259886&set=a.391185726345196>

<https://www.facebook.com/photo?fbid=965431508920612&set=a.391185726345196>

[Lecture for psychology students at Academy of Economics and Humanities \(Warsaw, 29 May 2024\)](#)

A lecture on Educational Psychology was held and moderated by Dr Marek Smulczyk of the University of Warsaw. The event was addressed to psychology students at the Academy of

Economics and Humanities in Warsaw. The lecture had a hybrid form, allowing participation both on-site and online. The event was very popular, with around 500 participants. The lecture covered the key themes of the COSI.ed project, including: the concept of educational exclusion and early school leaving from education and training, COSI.ed project as response to youth's social exclusion, the COSI.ed European model.

[Link to the new: https://cosied.eu/news/Lecture-Warsaw2024/](https://cosied.eu/news/Lecture-Warsaw2024/)

[16th Nordic Youth Research Symposium Youth in a Just and Fair World \(Tampere, June 12–14th, 2024\)](#)

From 12 to 14 June 2024 the USN team (Vibeke Krane, Inger Kjersti Lindvig and Mette Bunting) participated in the 16th Nordic Youth Research Symposium Youth in a Just and Fair World in Tampere (Finland). They presented the paper *Collaborative competence groups- cocreating with stakeholders in developing new solutions*, in which they explained the development of the Competence Collaborative Groups in the framework of the COSI.ed project.

You can consult the book of abstracts (page 69) at the following link: [Book of Abstracts](#)

[Link to the new: https://cosied.eu/news/NORDIC-2024](https://cosied.eu/news/NORDIC-2024)

[Conference at USN for the Department of Educational Science \(Norway, 12 June 2024\)](#)

Internal conference addressed to professors of the Department of Educational Science of the USN. About 90 people participated in the meeting where the COSI.ed project was presented and how the COSI.ed European model can be used in university teaching. Recommendations for including the COSI.ed model in policies was also shared with the group and generated a great deal of interest.

[Link to the new: https://cosied.eu/news/Conference-USN2024/](https://cosied.eu/news/Conference-USN2024/)

[European Conference on Educational Research \(Nicosia-Cyprus, August 2024\)](#)

In August 2024 the ECER 2024 congress will take place in Nicosia (Cyprus). Again, the project team presents the symposium *Co-created Education through Social Inclusion: Upscaling Inclusive*

Practices and Developing Policies to Promote Social Inclusion and Social Justice in Europe consisting of 3 contributions and the perspective of 5 regions. For this purpose, the following papers will be presented:

- Educational Policies for Social Inclusion: What is in Place and What Contributions from the Co-Created Education through Social Inclusion. Amélia Veiga (University of Porto, Centre for Research in Education (CIIE) of the Faculty of Psychology and Educational Sciences), Mette Bunting (University of South Eastern Norway)
- COSI.ed Model of Co-created Education through Social Inclusion - Development and Application to the Practice in Diverse Contexts. Hanna Tomaszewska-Pękała (University of Warsaw), Ewelina Zubala (University of Warsaw, Faculty of Education), Urszula Markowska-Manista (University of Warsaw, Faculty of Education), Inger Kjersti Lindvig (University of South Eastern Norway)
- Policy Recommendations for Promising Practices: Translating Voices from the Cosi.ed Project on How to Foster Educational Inclusion for Social Justice. Sofia Santos (University of Porto, Centre for Research in Education (CIIE) of the Faculty of Psychology and Educational Sciences), Ana Cristina Torres (University of Porto, Centre for Research in Education (CIIE) of the Faculty of Psychology and Educational Sciences), Mariana Fonseca (University of Porto, Centre for Research in Education (CIIE) of the Faculty of Psychology and Educational Sciences), Alessandra Dieude (University of South Eastern Norway)

[Link to the Abstracts ECER 2024 Symposium:](#)

[Co-created Education through Social Inclusion: Upscaling Inclusive Practices and Developing Policies to Promote Social Inclusion and Social Justice in Europe](#)

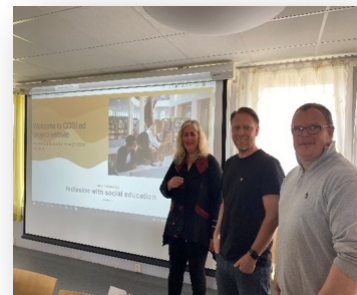
6. Meetings with key stakeholders and politicians. Participation in national and European specialised Networks

This section defines those actions carried out with politicians, Institutions, administrations or specialised networks to disseminate the project and its transferability.

A total of **11 meetings and presentations of the project have been held, reaching about 287 people**, including political representatives, teachers and heads of educational and social institutions.

COSI.ed project presentation at the County's Educational and Psychological Counselling Service in Vestfold and Telemark County (Norway, 5th May 2022)

Presentation of the COSI.ed project, knowledge communication and experiences were presented in a meeting with one of the Norwegian project partners: the County's Educational and Psychological Counselling Service in Vestfold and Telemark County. The meeting was attended by 30 teachers and counsellors from the institution.



COSI.ed project presentation at The Norwegian Directorate for Children, Youth and Family Affairs (Norway, 20th May 2022)

Presentation of the COSI.ed project, training, workshops and research possibilities at a meeting in the framework of a strategic cooperation agreement between the USN and the Ministry of Children, Youth and Family. The management of the University, including the rector, the vice-rector for external interaction, the director of the Norwegian Directorate for Children, Youth and Family Affairs and the director of the Office for Children, Youth and Family Affairs (stakeholders) and other key decision-makers, researchers and educators took part in this meeting with a total of 31 people attending.

Meeting with members of the political Committee for Education and Competence in Vestfold and Telemark County (Norway, 7th September 2022)

Prof. Inger Kjersti Lindvig of the USN, presented a lecture on how to upscale the model at Kragerø upper secondary school to prevent drop-out. The development of this meeting is of great importance as the school is in one of the regions of Norway with the highest percentage of Early School Leavers. The meeting was attended by 15 members of the political committee for Education and Competence in Vestfold and Telemark County.



The meeting was streamed, and it is available at the following link:
<https://vimeo.com/showcase/9222288/video/745349935>

Participation in internal and local professional staff day for teachers and school-leaders at Kragerø upper secondary school (Norway, 16th August 2022)

33 teachers and 4 school leaders at Kragerø upper secondary school attended a meeting led by the USN, in which the objectives of the project were explained as well as the characteristics of the implementation of the project at school level.



Meeting with the Social Social Committee Morsø Municipality (Denmark, 17th January 2023)

The Danish partners, Via University College and FGU held a meeting with the Social Committee of Morsø Municipality to share the characteristics of the implementation of the project at FGU. 10 people attended this meeting.

Presentation on the COSI.ed project at Norwegian Labour and Welfare Administration (Norway, 2nd February 2023)

In the framework of the collaboration agreement (2021-2025) signed by the USN, the Norwegian Labour and Welfare Administration (NAV) Vest-Viken and Nav Vestfold and Telemark, a presentation of the project and a workshop for researchers, NAV employees and managers of Talenthuset in Skien and Våre Unge in Larvik was held for a total of 62 people. The principal objectives of COSI.ed project were presented as well as the experience regards its implementation at Kragerø Upper Secondary School. The objective of this meeting is to promote the transferability of the COSI.ed inclusive model in other regions and educational contexts.



[Link to the institutional agreement:](#)

[Institutional agreement USN, NAV and Vestfold and Telemark](#)

[Links to the new:](#)

<https://www.usn.no/nyhetsarkiv/vil-bekjempe-ung-utenforskap>

<https://www.usn.no/nyhetsarkiv/samarbeidet-mellom-usn-og-nav-er-i-gang>

VIA University College and FGU Meeting with Københavns Professionshøjskole (Denmark, 5th October 2023)

On 5 October 2023 | VIA University College and FGU, Danish partners of the project, held a meeting with 50 students, teachers and leaders of the Københavns Professionshøjskole to explain the objectives of the COSI.ed project and its implementation in Denmark.

Meeting with politicians and a Head of School system from four municipalities (Denmark, 23rd October 2023)

VIA University College hold a meeting with politicians and head of school system from four municipalities in Denmark. The purpose was to share experiences and optimize the effort in the teacher education. The COSI-Project was shared in the meeting.

[Meeting with the Welfare Office, Viken County \(Norway, 16th February 2024\)](#)

Prof. Mette Bunting from USN, as coordinator of the COSI.ed project, held a meeting with the network leaders of the Welfare Office of Viken County in Norway. At this meeting, the objectives and results of the COSI.ed project will be presented. This meeting was attended by 40 people and another meeting is scheduled for 3 September 2024. In September, a workshop will be held at which USN will present COSI.ed even more extensively and about 20 people are expected to attend.

[Meeting to establish avenues for future collaboration with the University of Aalborg -Denmark \(3-4 June 2024\)](#)

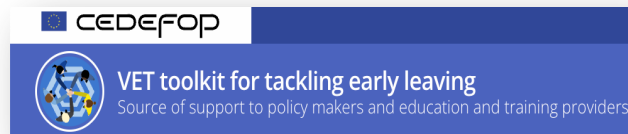
The USN has started to collaborate with the University of Aalborg (Denmark) on missions; the first meeting was held in June with the aim of establishing the main lines of collaboration. The COSI.ed project was one of the main projects shared with everyone, and especially with the head of a mission on social inclusion, for which the main reports on the results generated in the framework of the COSI.ed project were shared.

[Meeting with Education and Vocational Education and Training Directorate in the Balearic Islands \(Palma de Mallorca, 15 July 2024\)](#)

On 15 July 2024 contacts were initiated with the Directorate General for Vocational Training and Educational Planning of the Balearic Islands Government. It is proposed to create a 'Programme for the prevention of dropout in vocational training' that continues the line of work initiated in the different projects led by the UIB, including the COSI.ed. project. This programme will be carried out cooperatively, involving educational centres and the administration.

[COSI.ed included as a good practice Cedefop's VET Toolkit for tackling early leaving.](#)

In January 2024 the COSI.ed project was included as a good practice in Cedefop's VET Toolkit for tackling early leaving. It is a toolkit designed to support the political administration and training centres in the prevention of early drop-out from vocational education and training.



The inclusion in this database allows the dissemination of the project at European level as well as being a platform to upscale the results and good practices generated, being a strategy that increases the project's impact.

Links to COSI.ed as Good Practice in Cedefop:

<https://www.cedefop.europa.eu/en/tools/vet-toolkit-tackling-early-leaving/resources/co-created-education-through-social-inclusion-cosied>

<https://cosied.eu/news/CEDEFOP-GP-2024>

<https://www.cedefop.europa.eu/en/blog-articles/january-june-2024-latest-highlights-cedefops-vet-toolkit-team-and-ambassadors-tackling-early-leaving>

The new was not only published on the project's website but also spread among the partners' social networks and websites, for example:

University of the Balearic Islands:

<https://lrifp.uib.cat/2024/07/03/co-created-education-through-social-inclusion-cosi-ed/>

<https://lrifp.uib.cat/2024/07/03/co-created-education-through-social-inclusion-cosi-ed/>

<https://eic.uib.es/ca/p/8/materiales-y-recursos>

University of Porto:

https://www.instagram.com/p/C2xNdmPleyE/?img_index=1

7. Presence in regional and national media

Skive Folkeblad, Denmark

15.09.2021- The first transnational face-to-face meeting of all project partners which was held in Skive (Denmark) was covered by regional media.

Link to the new: <https://www.skivefolkeblad.dk/artikel/23e3fe18-58b0-436d-b469-acfd3e14e2b0/fbclid=IwAR0QWcEO17SKRoCKvZGvFFOGI2EEZS HKKF4va-RFst0d-0jwdg5pM5k-wfk>

Maneds Magasinet, Denmark

October-November 2021- The first transnational face-to-face meeting of all project partners which was held in Skive (Denmark) was covered by regional media.

Link to the new: https://www.epaper.dk/spec-arco/ma-nedsmagasinet_15_2021/

Diario de Noticias, Portugal

10.06.2022- Information in a national newspaper about a final activity of E2OM implantation of COSI.ed project in Escola de Segunda Oportunidade (E2O) de Matosinhos.

Link to the new: <https://www.dn.pt/sociedade/escolas-de-segunda-oportunidade-aqui-sou-feliz-e-os-professores-nao-desistem-de-nos-14930872.html>

Newsweek Polska, Poland

10.09.2022-Newsweek Polska published an article by Aleksandra Pezda, "Farewell, School," on the issue of educational exclusion of children in the Polish education system. Statements for this text were given, among others, by a researcher from our Department, Dr. Hanna Tomaszewska-Pękala, head of the COSI.ed project on social inclusion of youth through co-creation of education.



Link to the new: <https://www.facebook.com/photo/?fbid=500896298707471&set=a.391185726345196>

Radio NRK, Norway

Interview with students and a child psychologist. The students were asked about vulnerable young people and theories and models of intervention such as the COSI.ed model.

Link to the new:

<https://radio.nrk.no/serie/distriktsprogram-telemark>

Kragerø Blad Vestmar Newspaper, Norway

10.09.2022-Interview by journalist Cecilie Møklegård in the regional newspaper Kragerø Blad Vestmar: “The school in Kragerø is first in the country in this COSI.ed project. Through a new school model, the aim is to eliminate school dropouts. Technology and industrial subjects at Kragerø upper secondary school will be the first place where theory will be put into practice”. Hilde Rønning Clausen (headmaster) and Inger Kjersti Lindvig (professor at USN) participated in this interview.



Link to the new:

<https://www.kv.no/skolen-i-kragero-er-forste-i-landet-pa-dette/s/5-63-464492>

Kragerø Blad Vestmar Newspaper, Norway



03.01.2023-Interview by journalist Eline Sandhaug in the regional newspaper Kragerø Blad Vestmar about how COSI.ed project can prevent dropout. Teacher Geir Enggrav and students Mina Kåsa and Lasse Smits were interviewed.

Forskerforum Magazine, Norway

13.02.2023- Interview by journalist Kjerstin Gjengedal, Forskerforum Magazine. This magazine covers news about research and higher education: reports, and book reviews from universities, colleges, institutes, hospitals, museums, libraries, and archives.



Link to the new:

[Skuleelevane er ikkje forskingsobjekt lenger, no er dei medforskarar \(forskerforum.no\)](https://forskerforum.no)

8. Students training on COSI.ed Model

In this section the training sessions carried out by each of the project partners with the aim of transferring the COSI.ed methodology to different educational environments are specified. Students from different studies and educational levels have been trained. These actions represent a further step in the dissemination activities of the methodology and the results generated in the project, as they involve training both in the scientific theory underpinning the project and in its application to real educational contexts in the curriculum of different university studies. This section explains the training actions aimed at different groups of university students.

As detailed below, a total of **180 university students at different levels have been trained** in the COSI.ed methodology.

Norway



The 2nd September 2022, la USN organised a training session for students of the Master Programme in Teacher Education Department of Educational Science, University of South-Eastern Norway. The course was attended by 40 students from different parts of Norway.

Denmark

The VIA University College team has trained a total of 46 teacher students in the COSI.ed methodology through two 10 ECTS training modules from 4 January to 11 February 2022 and 3 January to 10 February 2023 respectively.

Poland



The University of Warsaw organized two weekend workshops (16 teaching hours) on 'Innovative methods of support for young people at risk of exclusion', introducing the methodology of the COSI.ed project to students of the Faculty of Pedagogy of the UW under funding from the Fund for Teaching Excellence. The training sessions took place at the Faculty of Pedagogy of the University of Warsaw on 29-30.10.2022 and 28-29.10.2023 and were offered to approx. 27 undergraduate and graduate

students specialising in: Child and Family Social and Educational Support and Child and Family Studies. The trainers were Elżbieta Totwińska-Królikowska and Beata Walczak from WCIES. The workshop was evaluated and highly appreciated by the participants. If funding is obtained again, the training will be extended to subsequent years of students.

Links to the events:

https://usosweb.uw.edu.pl/kontroler.php?action=katalog2/przedmioty/pokazPrzedmiot&prz_kod=2300-N-FAK-IM

<https://www.facebook.com/photo?fbid=578311937632573&set=a.391185726345196>

<https://cosied.eu/news/Student-course-22>

Portugal

In Portugal students from the Master of Education Sciences of the Faculty of Psychology and Educational Sciences in the University of Porto act as role models in the Portuguese regional application of the project. A total of 7 master students received 12 hours of workshops divided in 8 sessions. All these students did a placement in AE20-Associação para a Educação de Segunda Oportunidade (AE20) actively participating in school activities and conducting in-depth interviews with students.

Spain

At the University of the Balearic Islands (UIB), in the framework of the Training for Employment subject, in Pedagogy studies, around 60 students have been trained in the application of the COSI.ed methodology in Vocational and Education Training, carrying out two practical sessions in the classroom with the Prof. Elena Quintana Murci (responsible of the subject).

9. COSI.ed Best practices in 5 countries: Videos



As part of Output 3.4. Share and analysing experiences, each country has produced a video explaining the application of the methodology in each of its entities. In this video, the role models, young participants and universities explain what it meant to participate in COSI.ed project.

All the videos are available in COSI.ed web page <https://cosied.eu/news/best-experiences> and in the following links in Youtube:

- Best experiences in Norway: <https://youtu.be/4UFojQbMy6s>
- Best experiences in Denmark: <https://youtu.be/nMWTGcGMKVE>
- Best experiences in Poland: <https://youtu.be/3G8JTxm7-qo>
- Best experiences in Portugal: <https://youtu.be/l9wro7e9Rps>
- Best experiences in Spain: <https://youtu.be/ylnGETZg5Zg>

10. COSI.ed Toolkits for stakeholders: practitioners and policymakers

The results and outputs generated through the development of the project are a useful tool for transferring the good practices generated in the project and their application to other geographical and educational contexts. In this way, we consider the following documents to be of particular interest both for practitioners and policymakers:

Training materials

- Output 3.1. Course material for educational staff
- Output 6.1. Handbook on how to facilitate CCGs
- Report on how to run Competence Collaborative Groups (Outputs 6.2, 6.3, 6.4 and 6.5)

Implementation process of COSI.ed in different regions and educational contexts

- Output 3.4. Share and analysing experiences
- Output 3.2 COSI.ed Regional Model
- Output 3.3. Role models interview young people. Indirect Approach.
- Output 3.5 The universities interview the role models

Testing the methodology and Generating the COSI.ed European Model

- Output 4.1. Reports on analysis of regional COSI.ed models
- Output 4.2. Toolkit COSI.ed. Set of instruments for data collection and the impact measurement
- Output 4.3. Regional COSI.ed models impact report
- Output 4.4. European COSI.Ed Model

Transferring good practices in Inclusive Education Policies to prevent Early Leaving from Education and Training

- Output 5.3. Leaflet Promoting the Use of COSI.ed Model in Inclusive Education and Youth Policies

- Output 5.4. Policy brief-Transformative Power of Inclusive Education to Prevent Early Leaving from Education
- Output 5.5. Policy brief-Promoting Social Inclusion: Promising Educational Practices from COSI.ed

Link to all the documents: <https://cosied.eu/documents>

11. Project Final seminar in Brussels

On 15 May 2024 the Final Seminar of the Project was held in Brussels, in Young European Research Universities (YERUM). The aim of this meeting was to present the COSI.ed European Model, as well as the need to include this methodology in inclusive education policies. The conference was attended by researchers and practitioners involved in the project as well as 3 invited stakeholders:



Martin Bogdan: Policy and Project Coordinator, he is the co-chair of Academic Cooperation Association's Thematic Peer Group "Widening Inclusion in Higher Education", which is discussing the management of national and European funding to increase participation of underrepresented groups in international higher education.

Paola Di Marzo: Project Officer at Erasmus Student Network (ESN). In her current role at ESN, she is charge of projects in the field of environment, international mobility and inclusion (Cooperation Partnerships – KA2).

Tine S. Prøitz : Vice dean for research at the Faculty for Humanities, Sports and educational science and leads the research project “Comparisons of Leadership Autonomy in School districts and Schools” which studies school leaders' autonomy with inclusion policies.



The aim of this seminar was not only to disseminate the results of the project but also to receive feedback from invited stakeholders and the audience. More than 40 people attended the event.

The proceedings of COSI.ed Final Conference (Output 5.6) are available in the following links:

<https://cosied.eu/news/BRUSSELLS-2024>

<https://cosied.eu/documents>

The dissemination of the Seminar was carried out through the website and social networks of both the project and its partners. The event was also disseminated through the Young European Research Universities (YERUM) LinkedIn with 3.892 followers. All the links generated are detailed below:

- https://www.instagram.com/p/C7RJqhiqUdy/?utm_source=ig_web_copy_link&igsh=MzRIODBiNWFIZA==
- https://www.instagram.com/p/C7eVt3JCpbV/?utm_source=ig_web_copy_link
- <https://www.facebook.com/photo/?fbid=919884516808645&set=a.391185726345196>
- <https://www.facebook.com/photo/?fbid=963394225791007&set=a.391185726345196>
- <https://www.facebook.com/photo/?fbid=859937676177220&set=a.440304604807198>
- <https://cosied.eu/news/Final-Conference>
- https://x.com/cosi_ed/status/1779929789983310095
- https://www.linkedin.com/posts/yerun-network_cosied-socialinclusion-cocreation-activity-7188494570228244482-5s-t?utm_source=share&utm_medium=member_desktop
- https://www.linkedin.com/posts/mette-bunting-750480184_cosied-socialinclusion-cocreation-activity-7190708732387848193-PFIS?utm_source=share&utm_medium=member_desktop
- https://www.linkedin.com/posts/mette-bunting-750480184_cosied-socialinclusion-cocreation-activity-7188877464528424961-rdtZ?utm_source=share&utm_medium=member_desktop

Changes in COSI.ed Dissemination Activities and future actions

In the framework of the development and implementation of the COSI.ed project, we have taken strategic decisions aimed at maximising the impact and efficiency of our activities.

One of the elements that has marked the development of activities, and the achievement of results has been the outbreak of the covid-19 pandemic, causing a delay in the start of the project and causing certain changes that inevitably affected the dissemination strategy.

First, due to the established sanitary measures, it was decided not to produce dissemination elements in paper or physical format. This measure affected Output 7.3 concerning the elaboration and printing of a brochure containing the main information of the project (justification, objectives, partners and contact) which was finally produced only in digital format. In addition, each of the project partners produced PowerPoints in their respective languages promoting the project objectives. In every communication at regional, national or European level (seminars, conferences and stakeholder meetings) slides have been included in the presentation including the general data and objectives of the project as well as following the institutional image of the project as established in the [WP7. UIB Output 7.1. Dissemination Plan](#)

It is also worth mentioning that although the dissemination strategy of the project is focused on WP 7, in all the WPs that make up the project the maximum dissemination of the results and their impact at local, regional and European level is pursued. Proof of this is the elaboration of two leaflets with the main results obtained in the project developed by the University of Porto and the University of Warsaw ([WP4. UW Output 4.5. Printable version COSI.ed Model](#); [WP5 UP Output 5.3 Leaflet Promoting the Use of COSI.ed Model in Inclusive Education and Youth Policies](#)). In addition to some reports, short versions have been produced in order to disseminate the results of the project more effectively and to reach a larger number of target groups (see an example in the following link: [WP5 UP Output 5.5 Policy Brief - Short version](#)).

All this material, were used to promote the results of the project in the framework of the Final Conference held in Brussels in May 2024 and will serve as a starting point for meetings to further

disseminate the main results of the project and to achieve the inclusion of the methodology in the social, educational and training policies of each of the regions/nation in which the project has been implemented.

The pandemic situation also affected the realisation of Output 7.4 (Roll-ups). At the beginning of the project it was not possible to hold physical meetings, but only online, so the decision was taken to replace this dissemination material with a projected PowerPoint sheet that followed the standards established by the European Community dissemination guidelines and publicity obligations (the PowerPoint model can be consulted at the following link: [PowerPoint Template.pptx](#)).

The decision to move from physical or paper format to electronic format has allowed for a more effective dissemination strategy through both the project's own website and social networks (Twitter/X) and the institutional websites and social networks of each of the project partners.

Another of the changes that have taken place has been the modification of the Word template for the different outputs of the project. During the month of April 2024, in a joint meeting of all the partners, it was decided to change the format following the criterion of visibility of all the entities and people who have contributed, in a direct or indirect way, to the elaboration of each of the deliverables. From this decision, the materials that were previously published have been transformed following the new template that can be consulted in the following link: [Word template FOR REPORTS- APRIL 2024](#)

Regarding the realisation of newsletters and press releases (Outputs 7.7 and 7.8), as mentioned in the interim report of the project, the delay in the start of the project and therefore in the implementation and production of results. For this reason, it was decided to follow a Direct and Personalised Communication strategy. Although the Template for the development of newsletters is made ([COSI Template newsletter](#)) we have opted for a direct and personalised communication strategy with our key partners and stakeholders. This has strengthened relationships and ensured a more effective and relevant flow of information, tailored to the specific needs of each partner. In this way, a considerable number of meetings have been held with political representatives and educational agents both to explain the objectives of the project and to transfer the good practices

generated in it. Although the project ends in June 2024, it is from this moment onwards that the action of the partners is intensified in terms of transfer with the aim of achieving maximum impact at both national and European level. With all the results obtained, each partner will intensively initiate stakeholder meetings and will continue to disseminate the project results in seminars and conferences and to produce scientific publications.

At the same time, the presence at conferences and seminars and the dissemination of project results on the websites and institutional networks of each partner have been reinforced and meetings with strategic stakeholders have been held. As an example of this, an intermediate conference (International Open Seminar "Preventing educational and social exclusion of youth at -risk in different European contexts. Challenges and opportunities") was held in the framework of the 3rd meeting of the partners in Warsaw (march 2023) open to students, teachers of the Faculty of Education, which was not planned at the beginning of the project, and which aimed to disseminate the main results obtained in the project (this event can be consulted at: <https://cosied.eu/news/Warsaw-International-Seminar/>).

Other examples are the participation in the most important European congress on Educational Research (ECER) in 2023 with the development of a double seminar to disseminate the results of the project and to obtain international feedback on the implementation of COSI.ed methodology in the different regions and educational institutions (<https://cosied.eu/news/ECER-2023>) and in 2024 edition (August 2024) developing a symposium to spread the results of the project. You can read the abstracts presented in the following link: [ECER2024_COSIed_Symposium_Abstracts](#)

Furthermore, it is important to highlight the inclusion of the inclusion of COSI.ed project as a Good Practice in the VET toolkit for tackling early leaving a source of support to policy makers and education and training providers developed by CEDEFOP (European Centre for the Development of Vocational Training). The CEDEFOP is one of the European Union's decentralised agencies that supports the development of European vocational education and training (VET) policies and contributes to their implementation. helping the European Commission, EU Member States and the social partners to develop the right European VET policies. This event will undoubtedly contribute

to the international projection of the project results and their possible transfer to other regions and educational contexts.

In relation to press releases, although they have not been made at a general level with the overall results of the project, in each region partners have appeared in the media specifying the results of the national and regional application of the COSI.ed model.

The University of the Balearic Islands will host the 6th International VET Conference Crossing Boundaries (21 to 23 May 2025) with the topic Towards Inclusive and Egalitarian Vocational Education and Training: Key Challenges and Strategies from a Holistic and Multi-contextual Approach. This International Conference is an expert meeting organised around the topics of socio-culturally different systems, institutions and agencies, practitioners and actors in Vocational Education and Training and Lifelong Learning. It is a conference organized by the [European Research Network in VET \(VETNET\)](#). This event will allow to further project and transfer the good practices generated in COSI.ed. Information about the event can be found at: <https://vetnetsite.org/conferences/2025-crossing-boundaries-in-palma/>

Therefore, we have prioritised the quality of information over the quantity of communications issued. We have ensured that any communication is deeply relevant and high impact, reserving updates for strategic moments and significant events. Our strategy has been geared towards effective implementation and continuous improvement of project processes and results. This has allowed our efforts to concentrate on generating real and lasting impact, rather than being dispersed in ongoing communication activities.

